



**THE
EPIPHANY
SCHOOL**
ALUMNI

JESSICA PFEFFER '07

As any parent may know, choosing a nursery school is often a difficult decision as this first educational experience can shape a person in incalculable ways. I was blessed that my parents chose The Epiphany School. Neither my parents nor I knew the impact that the school would have on all our lives. I attended Epiphany all the way from nursery through eighth grade. Soon after starting, my sister, Megan, and brother, Jake, would follow in my footsteps as well.

After graduating from Epiphany, I went on to attend Notre Dame High School, an all-girls Catholic school where the emphasis on faith, community, and character mirrored that of my alma mater. The transition from middle school to high school can be nerve-racking, but I was fortunate to make this change with five of my best friends whom I met at Epiphany. These individuals and the lessons instilled in me from Epiphany drove me to excel in areas of athletics, community service, and school spirit. After high school, I attended Sacred Heart University in Fairfield, Connecticut. I majored in Psychology with a concentration in Physical Therapy. Epiphany honestly fostered in me a desire to learn and grow both as a student and an individual. Once I graduated from college, Epiphany would again provide me with a network of people willing to help me take the first step in my career path, which meant a position at Metro Sports Physical Therapy, a company owned by Epiphany parents, Sejal and Joseph Redington.

Considering all that Epiphany has given me, I feel a strong obligation to give back. I have always had, and still maintain a close relationship with Sister Rebecca. Having served as her Assistant Director and President of Glee Club, I continue to work with her on the Epiphany musical productions and *Spirit*, *Spirits, N' Dialogue* (SSND), a group to gather young alumni to discuss the importance of faith, where I am one of the founding members. Additionally, I could not imagine my time at Epiphany without CYO basketball as it taught me the importance of discipline, hard work, and sportsmanship. I currently coach third and fourth grade Intramural Girls basketball and it has been extremely rewarding to come full circle with this process. Go Stags!

Lastly, I must say the thing that I am most grateful for is the lifelong friendships that I have built at Epiphany and still have to this day. There are very few people I know that can say they are still best friends with people whom they met when they were four. Epiphany has contributed in unimaginable ways to my growth, and I could not be more grateful to have been part of such a supportive, loving, and enriching community. It has been a pleasure to share my alumni story with you.